

1.

Learn Creative Loafing

All your idle time doesn't have to be spent in front of the TV. You can read or listen to various books on tape, learn a language by listening to instructive CD's, or try a new hobby such as painting or even building model cars or airplanes.

2.

Free Good Stuff

Entertainment doesn't always have to empty your wallet. The library has free classes on various topics, free movies and of course books. If you don't have the internet at home then hit the library. You can also volunteer at a charity or your church which also is a great way to meet new people. Many theaters or concert venues allow volunteers to seat people allowing you to enjoy the event also. If you like to exercise then find your area hiking trails or join a biking club. If you like games then join a bridge club. The options are almost endless.

3.

Purpose and Meaning

It is important to have purpose and meaning in the activities you do in retirement. Here is a website with some very good examples of how to figure out which activities suit you most. <http://www.decisiontimetools.com>.

4.

Internet

The internet is the perfect place to do research on activities that interest you. Simply go to a search engine such as <http://www.google.com>, type in something that interests you and see the results. You can find biking and book clubs in your area, hiking trails, support groups, and travel groups.